

ARDO SA 56 110 GOURIN	FICHE TECHNIQUE RISOTTO SPINACI ARDO		Date : 20/06/2012
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COMPOSITION

Precooked risotto rice 48%, water, cheddar cheese 10%, spinach 10%, cream, onions, garlic, rice starch, salt, yeast extract (contains celery), extra virgin olive oil, vegetable extracts (onion, tomato, garlic), pepper.

PROCESS

Preparation of the sauce

- Mixing and cooking of the ingredients.

Coating of the vegetables

- Loading of the freezing tumbler with vegetables
- Injection of the sauce and freezing
- Cold storage at -18°C

Packing:

- Manual inspection
- Weighing
- Filling and marking of the bags
- Metal detection
- Weights checking
- Filling and marking of the cardboard boxes
- Palettization
- Cold storage at -18°C

BACTERIOLOGICAL DATA

	Target	Tolerance
Escherichia coli	10/g	100/g
Listeria monocytogenes	Absence / 25 g	10 / g
Salmonelles	Absence dans 25 g	

SHELF LIFE

24 months

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NUTRITIONAL VALUES averages for 100 g

Energy value: 644 kJ; 155 kcal

Proteins: 5,5 g
 Carbohydrates: 10,2 g
 Of which sugars: 2,1 g
 Fats: 9,9 g
 Of which saturates: 4,7 g
 Fibre: 1,4 g
 Sodium: 0.34 g

STORAGE

Below -18°C

COOKING INSTRUCTIONS

Cook from frozen

- In a saucepan :

Place the risotto into a saucepan with a small amount of water and cook over gentle heat 5 to 10 minutes. Stir well.

- Microwave:

Place the risotto into a microwave dish and cook during 5 minutes*:

**Times given for a 850 Watts microwave*

DECLARATION OF NON-GMO

Hereby Ardo declares that none of our products, produced, packed, delivered and sold are genetically modified. None of the ingredients contain any genetically modified organism. No biotechnology or processing agents produced by means of gentechonology have been used during production. The product complies with the European non-GMO regulation (EG) nr. 1829/2003 and 1830/2003.

DECLARATION OF NON-IONISATION

Hereby Ardo declares that neither the finished product, nor raw materials used have sudden ionizing treatment.

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DECLARATION OF ALLERGENS

	Used as ingredient (yes / no)	Nature of the constituent
Cereals containing gluten and products thereof	No	
Crustaceans and products thereof	No	
Eggs and products thereof	No	
Fish and products thereof	No	
Peanuts and products thereof	No	
Soybeans and products thereof	No	
Milk and products thereof (including lactose)	Yes	Cream, cheddar cheese
Nuts and products thereof	No	
Celery and products thereof	Yes	Yeast extract
Mustard and products thereof	No	
Sesame seeds and products thereof	No	
Sulphur dioxide and sulphites the maximum content > 10 ppm (mg/kg or mg/litre). expressed in SO ₂	No	