

ARDO SA 56 110 GOURIN	FICHE TECHNIQUE FROZEN BROCCOLI PUREE SMALL PORTIONS ARDO			Date : 23/06/2014
FT 74 01 03	Replace FT 74 01 03	On 17/04/2013	Version 02	Page : 1/3

DEFINITION

Quick frozen broccoli puree is obtained from healthy and normally developed broccoli which is cooked by steam, refined and quick frozen in small-portions

INGREDIENT

Broccoli : 100 %

ORGANOLEPTICAL SPECIFICATIONS

Color: green.

Texture: smooth, not lumpy and tender in mouth.

Taste: typical of broccoli, a bitter or flat taste is considered as a defect.

PHYSICO-CHEMICAL SPECIFICATIONS

Dimensions of small portions: about 40 x 20 x 8 mm

Weight of small tablets: 4 à 6 g

Dry matter : 6,5 % mini.

MICROBIOLOGICAL SPECIFICATIONS

	Target	Maximum
<i>Escherichia coli</i>	10/g	100/g
<i>Listeria monocytogenes</i>	10/g	100/g
<i>Salmonella</i>	Abs/25g	Abs/25g

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FT 74 01 03	Replace FT 74 01 03	On 17/04/2013	Version 02	Page : 2/3

ORIGIN

France

SHELF LIFE

24 months

NUTRITIONAL VALUES average for 100 g of product

Energy: 119 kJ, 29 kcal

Proteins: 3,1 g

Carbohydrates: 1,1 g

Sugar: 0,9 g

Fats: 0,8 g

Saturated fatty acids: 0,2 g

Fibers : 2,3 g

Sodium : 0,013 g

STORAGE

Stock at -18°C.

PREPARATION ADVICES

PREPARATION (without defrosting) :

- In the pan :

Put the broccoli puree into a pan and let cook indicated time to average fire.

For 225 g : 4 minutes

For 450 g : 9 minutes

In the microwaves* :

Put the broccoli puree into an adapted dish and let cook in cooking position during indicated time.

For 225 g : 4 minutes

For 450 g : 7 minutes

* Indicated time for an oven having a power restored by 900 watts.

PACKING CODE

EMB 56 066 C

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FT 74 01 03	Replace FT 74 01 03	On 17/04/2013	Version 02	Page : 3/3

DECLARATION OF NON-GMO

Hereby Ardo declares that none of our products, produced, packed, delivered and sold are genetically modified. None of the ingredients contain any genetically modified organism. No biotechnology or processing agents produced by means of gentechonology have been used during production. The product complies with the European non-GMO regulation (EG) nr. 1829/2003 and 1830/2003.

DECLARATION OF NON-IONISATION

Hereby Ardo declares that neither the finished product, nor raw materials used have sudden ionizing treatment.

DECLARATION OF ALLERGENS

	Used as ingredient in the product (yes / no)	Nature of the constituent
Cereals containing gluten and products thereof	No	
Crustaceans and products thereof	No	
Molluscs and products thereof	No	
Eggs and products thereof	No	
Fish and products thereof	No	
Peanuts and products thereof	No	
Soybeans and products thereof	No	
Milk and products thereof (including lactose)	No	
Nuts and products thereof	No	
Celery and products thereof	No	
Mustard and products thereof	No	
Sesame seeds and products thereof	No	
Lupine and products thereof	No	
Sulphur dioxide and sulphites. The maximum content > 10 ppm (mg/kg or mg/litre). expressed in SO2	No	